

Lose Weight Hypnosis

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Hypnosis can really help you to make a lasting change to your weight can keep it to the level you want to! By listening to the 'Weight Loss' Hypnosis MP3, you will become more aware of the reasons for overeating that apply to you, and why you aren't motivated to shed those pounds. You will also be trained to fully realise the wonderful benefits of being in shape and realise it's not a struggle to lose weight, it's actually a wonderful process. Don't wait any longer! It's time to be the new slimmer & healthier you! This hypnosis MP3 was created by developed by Jesse Berg, CHT & Steven B. Schneider, CHT, both world renowned, highly professional and certified hypnotherapists. Jesse Berg, CHT Certified Hypnotherapist Certified Advanced Hypnotherapist Certified Master Hypnotist 7th Path Self Hypnosis Instructor NLP EFT Martial Arts (Tae Kwon Do) Steven B. Schneider, CHT Certified Hypnotherapist Certified Master Hypnotist Member of The National Guild of Hypnotists (USA) 7th Path Self Hypnosis Instructor NLP EFT

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