

# Mp3 Yogiray - Ong Gong Journey



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Double Gongs vibrate the body with richly layered frequencies akin to prosperity, wellness, peace, relaxation and renewal. An ancient portal breathes meditative bliss inside you. 6 MP3 Songs in this album (70:12) ! Related styles: NEW AGE: Meditation, NEW AGE: Yoga People who are interested in Steven Halpern IASOS should consider this download. Details: Ong Gong Journeys healing waves penetrate the body with universal frequencies of prosperity, wellness, peace, relaxation and renewal. Yogi Bhajan, master of kundalini yoga, who brought gong healing and kundalini yoga to the West has said: One who plays the gong plays the universe. Oracles, mystics, kings, yogis and healing practitioners have long used this ancient tool to shift the psycho-physical-emotional state. Today's pressurized existence makes it more relevant than ever to remove blocks to our own intuitive wisdom and abundant nature. This cd follows the sequence of Yogiray's live gong events, including: tuning in; warming up; a full gong layout; grounding back into the body; and a heart-opening ending chant. It is a convenient and powerful way to keep universal blessings flowing in all directions. Yogiray Kessler leads gong healing events, workshops, and yoga classes. He distributes gongs, trains sound healing practitioners, holds a M.A. degree in speech communication, is both Reiki-trained and a Master Practitioner of NLP. At the 23rd Annual Peace Prayer Day Celebration in New Mexico he recently was the featured gong player. Ong Gong Journey is his debut healing gong release which is distinguished by Double Gong play and the most complete studio-produced event format available on cd to take you deeper faster longer. High vibrations! Physician endorsed: Through Yogiray's skilled playing, I was able to connect more deeply to my own divinity and to the vibrations that bind us together. ---Elisabeth McKinney, M.D., Internal Medicine I fell into a deep meditative state almost immediately A definite thumbs up. ---Carolyn Barlow, D.O., Family Medicine

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