

# My Bump And Me - Myleene Klass

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When Myleene Klass discovered she was pregnant, her initial joy was quickly replaced by fear the moment she read her first pregnancy book. It was full of 'don't do this, don't do that' - and Myleene was terrified that she had already endangered her baby's life. Every book she read afterwards was either too technical or too fluffy - none of them described how she was really feeling, and she felt very isolated. My Bump and Me is about everything Myleene did 'wrong' during her pregnancy, how her hormones turned her into a woman she hardly recognised, and how incredible it feels to be expecting a baby. From conception to birth - via morning sickness, raging hormones, cravings, baby names, sex, sleepless nights, opinionated in-laws, 'bump envy', and the labour itself - Myleene offers practical advice, essential medical information, and an honest account of what's in store for anyone with a baby on the way. Author: Klass, Myleene Publisher: Virgin Digital Illustration: N Language: ENG Title: My Bump and Me Pages: 00224 (Encrypted EPUB) On Sale: 2008-10-02 SKU-13/ISBN: 9780753515563 Category: Health & Fitness : Pregnancy & Childbirth Category: Family & Relationships : Life Stages - Infants & Toddlers - Category: Health & Fitness : Women's Health - General

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