## **Mp3 Max Highstein - Flight Plans**



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Colorful, conscious "Songs To Help Find Your Wings", with vocals, piano, cello, soprano sax, Spanish guitar and more. 13 MP3 Songs in this album (54:44) ! Related styles: EASY LISTENING: Soft Rock, EASY LISTENING: Adult contemporary People who are interested in Dan Fogelberg James Taylor Sting should consider this download. Details: For over 25 years Max Highstein has created recordings that spark the imagination, and heal the heart. In the mid-80s he created a series of bestselling music and guided meditation recordings that included the extremely popular Healing Waterfall. In the 90s his music CDs helped shape the programming of the NAC radio format - virtually every song from his Touch The Sky and Stars albums were played on The Wave franchises and similar stations for well over a year, and still receive frequent international airplay today. Max Highsteins sound is most noted for creative, interweaving arrangements, strong melodic hooks, and lots of heart. Prior to Flight Plans, all of his music has been instrumental (non-vocal). FLIGHT PLANS: Songs To Help Find Your Wings, is the first vocal album from Max Highstein, although he's been performing many of the songs at his concerts for some time. His singing voice is warm, soulful and intimate, a perfect match for his insightful, catchy lyrics. Each song is a rich experience, full of life, humor and introspection. The instrumentation is beautifully interwoven with the melodies, much like the best of Max's instrumental material. Piano, cello, soprano sax, accordion, fretless bass, acoustic guitars, organ, strings, percussion and background vocals all harmonize to gracefully support each story. These are songs that make you feel good about yourself, and give you a bit of a boost for your next step on life's path. ABOUT THE SONGS All songs include piano, vocals, fretless bass, percussion, background vocals, plus\*... 1) Living In A Box: \*cello, guitar, accordion. A humorous look at dealing with the challenges we all face, and remembering to look up for inspiration. 2. When You're Older: \*Spanish guitar, accordion. A tender story of a father-son relationship, and what it

means to grow up with a parent's love and support. 3. Anniversary Dance: \*Spanish guitar, sax, marimba, accordion, choir. With A joyous instrumental, with an exhuberant choral refrain -- Light Up My Heart... Light Up Your Life! 4. Nature: \*cello, soprano sax, accordion. A sweet and jazzy point of view from the ground up, with some lovely music interplay between soprano sax, cello, accordion and piano. 5. Love Pour Down: \*cello, acoustic guitar, Hammond organ. A spiritual love song, with rich piano and cello work. 6. Peel Me Off The Ceiling: \*guitar, Hammond organ. An exhuberant declaration of joy at being in the presence of Love. 7. Koh-E-Nor (Mountain Of Light): \*live string section, choir, Spanish guitar, Hammond organ A story of being on the spritual path in ballad form, with a rousing gospel-influenced ending. Koh-E-Nor is the name of a famous diamond, and translates from the Persion to "Mountain Of Light" 8. The Duck: \*cello, organ. Something jazzy and fun, with exceptional cello playing by Ed Willett. 9. Flight Plans: \*cello, acoustic guitar, Hammond organ. A bittersweet song about carrying forward the things we inherit from our parents, for better or worse, and ultimately lifting higher as a result. With rich piano, cello, and organ arrangments. 10. To Ride A Red Horse: \*Spanish guitar, accordion, vocal feature, electric piano. An instrumental piece with piano, Spanish guitar, accordion, percussion, and backround voices. 11. Roll Me To Sleep: \*cello, soprano sax. A sweet lullabye in waltz time, with piano, soprano sax, cello, background vocals, fretless bass and persussion. 12. I Can Hear Your Love: \*organ, flute, tenor sax. Spiritual groove piece with lots of mystery and soulful tenor sax. It's like a haunting, distant echo of the #5 song, Love Pour Down. 13. Sheep Of Love (The Spam Song): \*spoken word, horn section. Some of the most ridiculous spam email titles of the last few years were woven together into an unlikely story of love. With the beautiful and mysterious Nataliya, the Russian would-be bride, and the Sheep Of Love Singers. Very, very silly fun! MAX HIGHSTEINS SELECTED DISCOGRAPHY PUBLICATIONS Music CDs: Flight Plans, 2009, Desert Heart Recordings Intuition, 2007, Serenity Recordings Gentle Music for Massage, Volume III, 1997 Serenity Music Gentle Music for Massage, Volume II, 1996 Serenity Music Hondo Blaze, 1996, Desert Heart Recordings Path of the Heart, 1995, Serenity Music Gentle Music for Massage, Volumes 1, 1995 Serenity Music Daydreams, 1994, Serenity Music Touch The Sky, Serenity 1992 Stars, 1991, Serenity Music Guided Meditation Programs: Meditation For World Peace, 2008, Desert Heart Recordings Gateway to Peace, 2007, Desert Heart Recordings The Healing Well, 2005, Serenity Music Lightbeing, 1998, Serenity Music Visiting Angels, 1996, Serenity Music Magic Island, California Publications, 1994 (Music, editing, production) The Healing Waterfall II, 1992 The Healing

Waterfall, 1986, Serenity Music 12 Cosmic Healers, 1984, Serenity Music Books Online Courses: Intuition Retreat: You Have All The Equipment, Learn How It Operates, 2007, Desert Heart Multimedia, intuitionretreat.com Develop Your Psychic Intuitive Ability, 2008, DailyOm.com NOTABLE QUOTES: "First off, I will say that I hate elevator music. I am a fan of the gritty stuff. I love raw flamenco, real classical music, real jazz and always hate the watered-down stuff. I prefer Danilo Perez to Kenny G, Paco de Lucia to Ottmar Liebert, and anyone over Yanni (Yawny). So that is why my copy of Max Highstein's Touch the Sky staved unopened for years after someone gave it to me. However, after popping it into the CD player in order to have some mindless music to read to, I was very surprised. One, he is an excellent musician and a great pianist. Two, his compositions have such soothing touches, it's fantastic. I really found myself falling into the music and being transported to different places of relaxation. The music was refreshing, relaxing, and in a word, beautiful. Over the years, I have not tired of this CD. I listen to it often and love how it makes me feel every time. Judging from the liner notes, I think that sort of peace is what Mr. Highstein intended for the CD. I have to congratulate him on that." Amazonreview. "Highstein has the uncanny ability to tap the listeners soul with his melodies... with meticulous arrangements and flawless performance." Valley Morning Star, Harlingen, Texas. One of the most enjoyable new age releases lve heard, ever. Highstein has managed to create his own category of music. East Coast Rocker, review of Touch the Sky. The finest album of New Age instrumental music I have heard in months. Max Highstein composes music that really moves the spirit upward. Highly recommended." The Light Magazine, review of Stars. "Thank you for a wonderful evening. It was a pleasure listening to your concert and I enjoyed the variety of songsinstrumental, vocal, meditative and your sense of humor. Everyone I talked with after the show told me how much they enjoyed your music. (Ute Bonn, Events Coordinator, Body of Santa Fe.) Deeply energetic, with Spirit finding a clear path to me. I feel lighter than air! Audience member. At first the music was lyrical... then it changed. Deep, magnificent chords rolled from the piano lifting me out of my mundane 9-5 world to a place of profound awareness. For a short time, while he continued to play, it felt as if all the grief of this lifetime was washed away. Audience member. Max Highsteins concert was a healing journey for me, and I think for everyone in the audience. Through his music and lyrics I felt he connected with all of us personally. I was deeply touched and inspired and will never forget the experience. Audience Member Your music is beautiful. I enjoy listening to it very much. Spiritual teacher and author Carolyn Myss, in a letter to Max Highstein. "Max Highsteins Touch the Sky CD is a

masterpiece of accessible, creative beauty. He has a masterful touch at composing and arranging, and always a sensitive, communicative touch in performance." Heartsong Review.

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