

Executive Function & Child Development - , Daniel Yeager

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A brain-based approach to helping kids stay focused and achieve. Poor executive function (EF) in the brain can mean behavioral and attentional problems in school. This book explains to professionals and parents how EF develops in kids, what EF difficulties look like, and what creative and effective interventions can meet their needs. Executive functions involve mental processes such as: Working memory-holding several pieces of information in mind while we try to do something with them-for example, understand and solve a problem or carry out a task. Response inhibition-inhibiting actions that interfere with our intentions or goals. Shifting focus-interrupting an ongoing response in order to direct attention to other aspects of a situation that are important for goal attainment. Cognitive flexibility-generating alternative methods of solving a problem or reaching a goal. Self-monitoring-checking on one's own cognitions and actions to assure that they are in line with one's intentions. Goal Orientation-creating and carrying out a multi-step plan for achieving a goal in a timely fashion, keeping the "big picture" in mind. Author: Yeager, Marcie Author: Yeager, Daniel Publisher: W. W. Norton & Company Illustration: N Language: ENG Title: Executive Function & Child Development Pages: 00204 (Encrypted EPUB) On Sale: 2013-02-04 SKU-13/ISBN: 9780393707649 Category: Psychology : Developmental - Child

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