Mp3 Rev. Heng Sure & Friends - Paramita: American Buddhist Folk Songs



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Pioneering a new genre: American Buddhist Folk Songs. Timeless wisdom, sung in an upbeat and positive American folk style, Paramita is both healing and calming but at the same time, socially aware and relevant. 15 MP3 Songs FOLK: Modern Folk, SPIRITUAL: Inspirational Show all album songs: Paramita: American Buddhist Folk Songs Songs Details: American Buddhist folk songs - - pioneering a new wave of Western Buddhist culture. Socially awake, talking about mad American Beef Cows, peak oil, and cause and effect, Rev. Heng Sure has been called "the Buddhist John Denver." These are clean, homespun tunes featuring guitar, banjo, mandolin, fiddle and dulcimer. The musicians helping out include some of the Bay Area's most experienced acoustic players: Henry Kaiser, Alan Senauke, Paul Hostetter, Josh Michaell, Robin Petrie, and Brian Godchaux. "Rev. Heng Sure embodies what's best in contemporary Western Dharma: deep wisdom and compassion cultivated over many years of practice combined with a playful spirit, warmth and accessibility that delight and inspire. These songs touch us in a way that makes us want to act to make the world a better place. And it's darn good music!" -- James Baraz, Spirit Rock Meditation Center

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