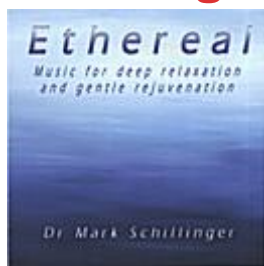


Mp3 Mark Schillinger - Ethereal



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The music of Ethereal evolves from the harmonious unification of quantum physics with ancient musical and mystical philosophy. 5 MP3 Songs NEW AGE: Meditation, NEW AGE: Healing Details: WHAT IS ETHEREAL? The music of Ethereal evolves from the harmonious unification of quantum physics with ancient musical and mystical philosophy. Mark Schillinger, musician and chiropractic physician, has carefully blended resonant chords and entraining rhythms, infusing the music with curative sounds and effects. The tonal waves recharges the listener's nervous system, creating a restorative response. The pulsing and radiance of these compositions leads you into contact with your naturally unfolding, expansive self. Ethereal is musical ambience to surround and nurture you as you practice energetic healing therapy, massage, yoga, meditation or as you repose at home or compose yourself in traffic. Inside left panel of booklet ABOUT MARK SCHILLINGER: Mark's love affair with music and sound therapy started in a small apartment in New York City, when at the age of five he began playing piano. Although his playing music at all hours of day and night may have driven the neighbors crazy, for him the connection between music and relaxation was created. In music he found the presence of calm and peace. As a teenager he studied music philosophy and harmonics and researched the way other cultures used rhythm and sound for communion with the Great Mystery. In his earliest musical compositions he incorporated these transformational elements. In 1980 he created Soothing Sounds, a pioneering business venture that sold meditation and relaxation music to Doctors and other health-care practitioners. He began using tuning forks and healing music in his own chiropractic work to facilitate his patients health and well-being. In 1983 the esteemed master Thakar Singh initiated Mark into Shabda Yoga (yoga of inner light and sound), which along with subsequent studies in India increased his direct experience of the subtle reverberating realms. For the past 20 years he has been leading workshops on music and sound

healing, guiding participants to recognize themselves as energetic vibratory beings. His African reggae dance band, the Rhythm Doctors, gets everyone moving and shaking a late-night gigs!

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