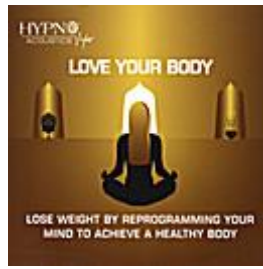


# Mp3 Hypnoacoustics - Love Your Body



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Experience a fusion of dynamic hypnosis and crystal healing bowls to help you to release excess weight permanently. 1 MP3 Songs in this album (24:28) ! Related styles: SPOKEN WORD: With Music, NEW AGE: Self-Help Details: Please listen to this sample in Broadband for the highest sound quality.

HypnoAcoustics is a healing system that unites the power of sound and the tool of hypnosis to create deep change. Hypnosis helps to shift your thinking in order to shatter old limitations and fears. Music and sound has the ability to open up aspects of your mind so that transformation can take place at the core level. Natasha is a certified hypnotherapist, graduating from the National Hypnotherapy Training Institute in New Mexico. She has also studied at the Ayurvedic Institute, holds a BS in Psychology from SFSU, and is a member of the National Guild of Hypnotists. She is also a lifelong student of Kundalini yoga. Natasha has helped hundreds of clients change their lives by tapping into the potential power that is within using hypnosis. Hypnosis facilitates the uncovering of core negative beliefs that may keep one stuck in habitual patterns. The effect is life changing. Natashas goal is to help people connect with their inner resources empowering them to heal mind and body and to achieve permanent change. Her work with clients in her private practice has brought her to start HypnoAcoustics, and market her therapeutic hypnosis cd's to the public. The response from Natashas clients has been unbelievable. She has helped so many with financial issues, weight issues, substance abuse issues, emotional issues, relationship issues, and much more. Natasha is extremely passionate about the work she does. She believes that every person has all the tools inside needed for healing. This comes from her own personal experience with using hypnosis to help heal herself. Natashas latest work with HypnoAcoustics combines hypnosis with the healing power of music. Ahmed Azzam was born in Egypt, a magical land where music and spirituality sit side by side. It was here, at the age of 9, where he was heavily influenced by the healing

and mystical power of music. His musical journey started with the drums. In Cairo, he became influenced by North African, Arabic, and Middle Eastern Rhythms and began tapping into his gift and love for music. Ahmed spends his days in the recording studio in San Francisco and Egypt, nurturing his passion as an artist. He has played with everyone from the Grammy Award winning The Deftones, to Perry Farrel (Janes Addiction), Chaka Khan, The Jerry Garcia Band, and many more. In Egypt he has formed a groundbreaking record label, Hybrid Records, where he produces music that fuses the mystical music of Nubia and the Nile River Valley with modern music. In addition to his productions, for the last 15 years Ahmed has flourished in the San Francisco music scene as a producer and drummer. It is Ahmeds impeccable technique, his unmistakable style, his humility and sincere respect for the music that led him to his latest project. His awareness and empathic, almost psychic relationship to the music is what makes Ahmeds talent so unique and conducive to healing. For Ahmed, music has been a conduit for spiritual renewal. Creating the music for Hypnoacoustics has been an illuminating experience. Ahmed had always known intuitively the correlation of sound and the therapeutic benefits on the mind, body and soul, which led him to explore the powerful effects of sound. When he and Tasha joined forces they began to merge the spoken word in the form of hypnosis with music that soothes the soul. He is proud to go back to his roots and compose music that is genuinely transformative. He knows you will enjoy the serene rhythms soothing and softening your mind, forging gateways for deep healing.

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