Mp3 Rojean Loucks - A Quiet Place



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Contemplative improvisational solo harp music - perfect for meditation, relaxation, massage or to ease the stress of your work environment. 6 MP3 Songs in this album (69:53)! Related styles: EASY LISTENING: Background Music, EASY LISTENING: Mood Music Details: The soothing resonance of harp music creates a peaceful ambience that effectively restores physical and mental harmony. In the non-metered flow of improvised solo harp, the listener experiences calm and serenity a great way to counteract stress or insomnia. A Quiet Place provides a gentle background for studying, meditation or prayer, massage, yoga, Tai Chi or a restful deep sleep. RoJean Loucks is a Certified Music Practitioner, graduate of the Music for Healing Transition Program, who frequently plays therapeutic music for hospice patients and individuals dealing with pain issues. This recording grew out of those experiences, following the request of many of her patrons. Its the perfect music for my painting, an artist says. Another comments, lush, poignant and quite enjoyable. "It helps to reduce the pain of my arthritis and fibromyalgia." It is lovely! Listening to it, my whole day became restful. Absolutely the most beautiful CD you have made! I got completely lost in it what a meditative afternoon Ive enjoyed.

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