

# Mp3 Kehinde Spencer - A Woman's Reprieve



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Eclectic R&B 14 MP3 Songs in this album (66:10) ! Related styles: URBAN/R&B: Neo-Soul, SPIRITUAL: Inspirational People who are interested in Jill Scott India.Arie should consider this download. Details: Kehinde Spencer is an up and coming songwriter and a poet who receives inspiration from her African heritage, academic pursuits, and spiritual practice. Kehinde was born in London, England to Nigerian parents and lived there and in Nigeria until she was eight years old. Her mother is Yoruba and her father is Hausa with roots in Sierra Leone. Kehinde knows herself as an African and is proud of her Nigerian and Sierra Leonean culture and heritage. From the age of eight until the age of eighteen, Kehinde lived in Ohio. She moved to Michigan to receive a Bachelors of Arts in English from the University of Michigan, and in 2005, she moved to Tallahassee, Florida to obtain a Masters in Applied Social Science from Florida A&M University. Tallahassee was the place where she began to take her creative writing seriously and blossomed into an artist. Kehinde uses her writing as an outlet for her pain and a way to speak to the world. This artist writes from the understanding that the Black community is in need of healing and in order for healing to come, self-study must take place, a realization she has come to because of her Yogic and African spiritual practices. In the work Kehinde writes, she shows the necessity for people to see their shortcomings and to understand why they have those flaws because only through understanding can people free themselves of baggage they do not need. Kehinde is able to convey this in her art because she is sharing her experiences with the world when she writes about heartache and pain as well as joy and triumph. She realizes that African people worldwide have inherited and keep passing down a legacy of pain, and it is time that African people do all they can to break that cycle. Kehinde is playing her part in breaking the chains with A Womans Reprieve, which is her debut album. Her beautiful music is her gift to the world, keys to see you to new beginnings: enjoy! A Woman's Reprieve The Story: A Womans

Reprieve tells a womans story, our story: a story of pain, healing, transformation, and the cycles of growth women need to experience to understand what it means to live as divine human beings. Specifically, this album chronicles a young womans journey into womanhood. The story begins when the leading lady finds the courage to end an unhealthy relationship and finds the bravery to uncover why she has lived a life unworthy of who she really is. With her grandmothers help, she is able to begin anew, grow in her relationship with God, herself, and a man who is her divine reflection. She learns life lessons from the wisdom her grandmother imparts; the knowledge she gains enables her to understand the power of a woman and the necessity for family and for community. The journey this woman goes on is a journey that all women need to embark on so we can be complete beings. We need to use all that the universe provides to transform our lives, so we can be our true selves, be the Goddesses that have come into union with self and God, the Goddesses that are ready for our divine mates. I am sharing this story with you to bring you reprieve, which mean temporary release or relief. Listening to my story of pain and sadness and what I have learned in my many moments of darkness will bring you comfort, but it is only temporary. Real relief will come when you embark on your own journey of healing, when you deal with your own demons. I give you A Womans Reprieve to propel you forward and to give you the courage to look into your own soul, so you know what is really there. Only then will you know that you can conquer all you fear; you can free yourself from all that you do not need. You can create the you and the world that you see in your dreams.

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