

Mp3 B J Banks - Just Listen



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Full of light, moving, uplifting and spiritually inspiring, these songs uplift us by reminding us that we are all loved, cherished and empowered by the inner gifts of the Spirit to live a joyous, purposeful life. 12 MP3 Songs GOSPEL: Contemporary Gospel, NEW AGE: Healing Details: Most times the best thing we can do in a crisis is to stop and listen to the voice of the inner Spirit. From this inner well of being, comes the wisdom, guidance, strength and the joy we need in order to move through any difficult life situation. BJ's songs remind us that each of us always has this inner resource to draw upon, though we may call it by different names - The Presence, the Holy Spirit, The Christ, Buddha, the Mahanta, The Master, Soul, Love, Universal Life energy etc. These songs help us realize that we can always choose to look at the circumstances of our lives from a different, higher, more loving and peace-centered perspective and - whatever we can believe and perceive, we can experience. B. J.'s experience, as a Unity Minister with its focus on practical Christianity and as a student of Eckankar, Religion of the Light and Sound of God, colors her music with hope, and with an inspiration that we can all use to survive spiritually in these times. We hope you enjoy her songs.

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