## **Mp3 Sitka - Surface Tension**



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Polyrhythmic Spirit Songs 12 MP3 Songs FOLK: like Ani, WORLD: World Fusion Details: This album was an attempt at completing a life goal and making a dream come true. As I am now in Guatemala, making another dream come true - I hope that I will be able to make another dream come true in the future - that of pursuing multi-tracked polyrhythmic vocal dance music set to psychedelic downtempo. This album has been inspired by ecstatic experiences - ecstatic singing, ecstatic dancing, ecstatic lovemaking, ecstatic psychedelic visionary states :: channelling powerful energy with my body as a conduit of higher intelligence. Recently, I have been pursuing groundedness, peace within my heart+mind, healing my body and discipline. My ecstatic experiences have been put on a back burner, and the level of ecstatic consciousness that inspired the music on this album has been let go of - in favor of tranquility. I still love and live for kundalini awakenings and psychedelic visionary experiences of all sorts, but I find centeredness to be a more favorable experience at this juncture. Many people have asked if my music is a language. My singing is not based in a cultural language. I sing the language of my heart. I am more interested in tones, vibration, overtones, harmonies, melodies, frequencies and the energies through which can be transmitted via singing. It is my intention, now as in eternity, that I do the work I am inspired to do to be a servant of the universe. I hope to help hold and anchor the energies coming from galactic consciousness to re-balance the earth in the coming transitionary years. May peace, harmony and balance return to this planet. +o+ "I actually love "Surface Tension." Your voice is ballsy and clear even as it's mysterious and riddle-haunting. Your lyrics surprise and rile and entertain. You glide and weave like you're creating songlines. You're poetically ethical, ethically poetical . . . a spiritual freedom fighter . . . agitating for justice but with your wild mind fully engaged. Not didactic, but slippery and sinewy, escaping reasonableness but making lots of Dionysian sense." Rob Brezsny of freewillastrology.com

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