

Finger Lakes Feast: 110 Delicious Recipes From New York's Hotspot For Wholesome Local Foods - , Karl Zinsmeister

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Why the buzz about Finger Lakes food? New York's Finger Lakes area is on the cutting edge of the regional food movement. It has become a hotspot for delicious, healthful eating by incorporating fresh foods from the region's scores of specialty farms, as well as locally produced delectables derived from these superb fruits, vegetables, meats, and dairy products. Overflowing with fascinating stories, gorgeous photography, and an exciting collection of recipes, Finger Lakes Feast harvests ideas and inspiration from some of America's most innovative chefs including local James Beard Award honorees and the creative spirits behind legendary eateries such as Moosewood Restaurant and Dinosaur Bar-B-Que. The authors track down beloved ethnic foods and collect invaluable information from master farmers, millers, and syrup producers; from pioneering Cornell food researchers; from bold entrepreneurs such as the Wegman family; and from food artisans like the originators of the Greek yogurt boom, the creators of squash-seed oil, and the local producers of everything from homemade sauerkraut and sausages to varietal honeys. What's inside 110 delicious and easy-to-follow recipes 126 gorgeous full-color photographs of the region and its food 24 essays on the regional history, geography, and people behind these fine edibles Tips for food-and-wine tourists Comprehensive on- and off-line sources for the authors favorite ingredients Author: Harvey, Kate Author: Zinsmeister, Karl Author: Zinsmeister, Noah Publisher: McBooks Press Illustration: N Language: ENG Title: Finger Lakes Feast: 110 Delicious Recipes from New York's Hotspot for Wholesome Local Foods Pages: 00224 (Encrypted PDF) On Sale: 2012-11-01 SKU-13/ISBN: 9781590136607 Category: Cooking : Regional & Ethnic - American - Middle Atlantic Sta Category: Travel : United States - Northeast - Middle Atlantic (Genera

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