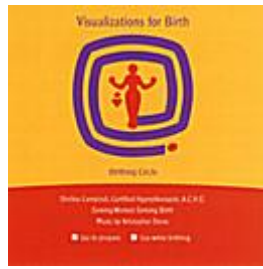


Mp3 Shelley Campbell - Visualizations For Birth



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Verbal and musical audio guidance to create hypnotic trance for birthing 3 MP3 Songs NEW AGE: Energy Healing, SPOKEN WORD: Inspirational Details: These visualizations were especially created to provide audio guidance into the natural trance of labor. This is the key to having an intervention free natural birth. Childbirth does not need to be painful if it is cooperated with. The hormones of labor carry a woman deeply into an amnesiac state. Endorphins are 200 times as powerful as opiates. Most women do not know how to bridge the gap into the natural trance of labor and opt for pain medication too soon. By using these visualization to prepare daily a woman will find her way naturally into a place of poise and relaxation so her parasympathetic nervous system can work without compromise. People who are interested in should consider this download.

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