

Talking Back To Prozac - Peter Breggin, M.d.

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Talking Back to Prozac: What Doctors Aren't Telling You about today's Most Controversial Drug
With an Information Packed New Introduction Peter R. Breggin, M.D., Bestselling Author of Medication
Madness and Ginger Ross Breggin Prozac. Millions of Americans are on it. And just about everyone else
is wondering if they should be on it, too. The claims of the pro-Prozac chorus are enticing: that it can cure
everything from depression (the only disorder for which Prozac was originally approved) to fear of public
speaking, PMS, obesity, shyness, migraine, and back pain--with few or no side effects. But is the
reality quite different? At what price do we buy Prozac-induced euphoria and a shiny new personality?
Psychiatrist Peter Breggin, M.D., and coauthor Ginger Ross Breggin answer these and other crucial
questions in Talking Back to Prozac. They explain what Prozac is and how it works. And they take a hard
look at the real story behind today's most controversial drug: --the fact that Prozac was tested in trials
of four to six weeks in length before receiving FDA approval --the difficulty Prozac's manufacturer
had in proving its effectiveness during these tests --the information on side effects that the FDA failed to
include in its final labeling requirements --how Prozac acts as a stimulant not unlike the addictive drugs
cocaine and amphetamine --the dangers of possible Prozac addiction and abuse --the seriousness and
frequency of Prozac's side effects, including agitation, insomnia, nausea, diarrhea, loss of libido, and
difficulty reaching orgasm --the growing evidence that Prozac can cause violence and suicide --the social
and workplace implications of using the drug not to cure depression but to change personality and
enhance performance Using dramatic case histories as well as scientific research and carefully
documented evidence, the Breggins expose the potentially damaging effects of Prozac. They also
describe the resounding success that has been achieved with more humane alternatives for the treatment
of depression. Talking Back to Prozac provides essential information for anyone who takes Prozac or is
considering taking it, and for those who prescribe it. Author: Breggin, M.D., Peter Publisher: EReads.com
Illustration: N Language: ENG Title: Talking Back to Prozac Pages: 00000 (Encrypted EPUB) On Sale:
2006-01-25 SKU-13/ISBN: 9780759294493 Category: Medical : Allied Health Services - Emergency
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