

The Conquest Of Happiness - Bertrand Russell

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The Conquest of Happiness is Bertrand Russell's recipe for good living. First published in 1930, it pre-dates the current obsession with self-help by decades. Leading the reader step by step through the causes of unhappiness and the personal choices, compromises and sacrifices that (may) lead to the final, affirmative conclusion of 'The Happy Man', this is popular philosophy, or even self-help, as it should be written. Author: Russell, Bertrand Publisher: Routledge Illustration: N Language: ENG Title: The Conquest of Happiness Pages: 00200 (Encrypted EPUB) / 00200 (Encrypted PDF) On Sale: 2012-10-12 SKU-13/ISBN: 9780415378475 Category: Body, Mind & Spirit : Healing - General Category: Philosophy : History & Surveys - Modern Category: Literary Collections : English, Irish, Scottish, Welsh

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