

The Paleoanthropology And Archaeology Of Big-game Hunting

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Since its inception, paleoanthropology has been closely wedded to the idea that big-game hunting by our hominin ancestors arose, first and foremost, as a means for acquiring energy and vital nutrients. This assumption has rarely been questioned, and seems intuitively obvious meat is a nutrient-rich food with the ideal array of amino acids, and big animals provide meat in large, convenient packages. Through new research, the author of this volume provides a strong argument that the primary goals of big-game hunting were actually social and political increasing hunter's prestige and standing and that the nutritional component was just an added bonus. Through a comprehensive, interdisciplinary research approach, the author examines the historical and current perceptions of protein as an important nutrient source, the biological impact of a high-protein diet and the evidence of this in the archaeological record, and provides a compelling reexamination of this long-held conclusion. EAN/ISBN : 9781441967336 Publisher(s): Springer, Berlin, Springer Science & Business Media Discussed keywords: Archologie, Ernährung, Growild, Jagd, Nahrung, Paleoanthropologie, Protein Format: ePub/PDF Author(s): Speth, John D.

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