

The Young Mind - , Mike Shooter

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Sadly, millions of children today are affected by mental health problems, almost a doubling of the number of sufferers in just one generation. Now, in this timely new book, mental health experts provide invaluable information and guidance for concerned parents, teachers and young adults. With chapters covering subjects such as child and adolescent development, parenting skills, problems at school, emotional health and wellbeing, The Young Mind also looks specifically at some of the most distressing problems facing young people today, including anxiety and stress disorders, drugs, alcohol, self-harm and psycho-sexual development. Illustrated and written in a completely accessible style by some of the most distinguished and respected professionals in the field of child and adolescent psychiatry, The Young Mind offers a guiding hand and insight into this most vital area of mental health. Author: Bailey, Sue Author: Shooter, Mike Publisher: Transworld Digital Illustration: N Language: ENG Title: The Young Mind Pages: 00400 (Encrypted EPUB) On Sale: 2010-07-13 SKU-13/ISBN: 9780593061381 Category: Psychology : Developmental - Child

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