

# Combatives For Street Survival: Volume 1: Index Positions, The Guard And Combatives Strikes - Kelly Mccann

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Leading the reader through simple yet powerful, brutally effective methods of self-defense designed for use in myriad street crime scenarios, this guide explains the use of force continuum and teaches how to efficiently avoid potentially violent encounters through the use of "pre-incident indicators." The techniques depicted are credible, relevant, practicable, and utilized by members of elite military units and U.S. government personnel traveling abroad to high-risk areas of operation. The philosophy of "less is more" results in a succinct system of self-defense that is drawn from the authors experiences as well as the collective experience of his students around the world. Author: McCann, Kelly Publisher: Black Belt Communications Illustration: N Language: ENG Title: Combatives for Street Survival: Volume 1: Index Positions, the Guard and Combatives Strikes Pages: 00200 (Encrypted EPUB) On Sale: 2009-05-01 SKU-13/ISBN: 9780897501767 Category: Sports & Recreation : Martial Arts & Self-Defense

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