

Miracle Superfoods For A Leaner Healthier You

SUPERFOODS THAT WILL CREATE A HEALTHIER YOU

Lose Weight, Live Longer And Be Healthier

By Lisa Paule

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This book spills the beans on fat burning foods that will leave one looking leaner and loser weight. On the other hand, they detail potent foods that will transform your body into a disease fighting machine, leaving one feeling healthier, stronger and looking younger!

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