

## Mp3 Lauren Cregor - No Time For Shy



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Piano-driven jazz/pop that tells its story through infectious melodies, honest lyrics and soulful musicianship. 9 MP3 Songs POP: Piano, JAZZ: Jazz Vocals Details: 'Very ... humor/insight/heart/simple/complex/jazz/folk/rock.' - Gary Anderson, Score Productions, NYC 'Her verve, style, and energy are undeniable.' - Mike Knight, NUVO Lauren Cregor's inimitable mix of deep musicality and electric personality has been lighting up the NYC music scene for over two years. A natural storyteller, she hooks the imagination with vivid lyrics, infectious melodies, and a soulful voice. Within her first six months as a songwriter, she wrote and produced her debut album, Mean Little Fingers (2002) - awarded 'Best Up and Coming 2002' from NUVO. She then began exploring the world of commissioned music, creating scores for Waterwell Productions' off-Broadway shows Fuenteovejuna and Stuck; as well as Settonsun Productions' nationally aired documentary Dinerama. Her second album, No Time For Shy, was released in May 2004 and debuted at the time-honored club FEZ in NYC. It contains nine tracks of Lauren's signature jazz-pop style. 'Listen to ...Shy on headphones, and you'll swear she rooted around your own head for inspiration. From the soulful expression of familial love to finally telling off your ex, she manages to say all the things you wish you could have.' (A. Hamilton-Lowe, WFUV-FM) A graduate of the London Academy of Music and Dramatic Art (LAMDA) and Indiana University, she has studied piano, voice and theatre under the likes of David Baker, Penny Cherns (UK) and Robin Peet (Indianapolis). On stage and CD, she is joined by NYC jazz bassist Arthur Kell (arthurkell.com), nationally-renowned drummer Allison Miller (allisonmiller.com), NYU award recipient Andrew Zimmerman on tenor sax, and producer/guitarist Alex Weinstein of Ten Good Records (tengoodrecords.com).

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