

Mp3 Wizardnow - Audio Kensho



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Audio Kensho hearing one's nature or true self through sound vibrations 12 MP3 Songs in this album (53:22) ! Related styles: NEW AGE: Ambient, ELECTRONIC: Trance People who are interested in Osho should consider this download. Details: Audio Kensho hearing one's nature or true self through sound vibrations The power that you've built up through samadhi in zazen is smashed to pieces by the sounds of the outside world. At that point, suddenly our self-nature externalizes and throbs into life. Is the sound me, or am I the sound? The sound and I are one; the sound and I go "Gong!" 1.Kensho seeing one's nature - or true self 2.Mushin Mind not fixed or occupied by thought or emotion is open to everything 3.Gnosis Know This (Greek) direct experiential knowledge of the divine knowledge as in revelation or intuitive 4. Shoshin beginner's mind. It refers to having an attitude of openness, eagerness, and lack of preconceptions when studying a subject, even when studying at an advanced level, just as a beginner in that subject would. 5.Samadhi Acquire integration or wholeness, truth state induced by complete meditation 6.Mushi Dokugo - awakening alone, without a master 7.Koan question containing aspects that are inaccessible to rational understanding, yet may be accessible to intuition. (Sound of one hand clapping) 8.Satori Understanding (Kensho) 9.Bodhi awakening all minds, all cultures, all music waking up to Oneness. 10.Sunyata Void - impermanent nature of form means that nothing possesses essential, enduring identity this insight leads to wisdom and inner peace. 11. Zazen seated meditation - the eyes being neither fully open nor shut so that the practitioner is not distracted by outside objects but at the same time is kept awake. 12. Mu in answer that the question is wrong. (No thing, start over you can't get there from here you have to go home and start over again) Wizardnow is an Intentional Computer Music Composer. He uses samples, guitars, keyboards, software synthesizers, Brainwave Entrainment, and Magick to create each unique experience.

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