

Pers nlichkeitsentwicklung Und Selbstmanagement: Das Innere Team - Nadine Hoin

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Die ersten Vorl ufer zum 'Inneren Team' findet man bereits in der Antike. So bezeichnete Platon die Seele als komplexes Ph nomen aus einem begehrenden, muthaften und vern ftigen Teil, die miteinander in Konflikt treten. Auch in der Literatur und Dichtung findet man Hinweise hierauf. So schrieb Goethe in Faust 'Zwei Seelen wohnen, ach, in meiner Brust' und auch in der Psychologie erkannte Freud die Seele als Kampfplatz. Schulz von Thun verfeinerte jene Ans tze bei der Beratung von F hrungskr ften zum Modell des 'Inneren Teams'. Die vorliegende Arbeit widmet sich zum einen der theoretischen Darstellung des Inneren Teams sowie der Anwendung der Lehren des Inneren Teams anhand eines praktischen Beispiels. Hierdurch soll erm glicht werden eine kritische Reflexion vollziehen zu k nnen und nach M glichkeit f r die eigene Person hilfreiche Schlussfolgerungen zu ziehen. Author: Hoin, Nadine Publisher: GRIN Verlag Illustration: N Language: GER Title: Pers nlichkeitsentwicklung und Selbstmanagement: Das innere Team Pages: 00018 (Encrypted PDF) On Sale: 2010-01-01 SKU-13/ISBN: 9783640733613 Category: Psychology : General

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