Mp3 Michael Keller - Music For Yoga & Meditation



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Calming peaceful music for yoga practice and meditation, or any time of quiet reflection. 4 MP3 Songs in this album (69:38)! Related styles: NEW AGE: Yoga, ELECTRONIC: Ambient People who are interested in Tangerine Dream Brian Eno Jai Uttal should consider this download. Details: In this modern world of multi-tasking, it's important to take some time to calm the mind and body. This music was written with that goal in mind. Whether it be yoga, massage, meditation, or just sitting quietly reflecting, the music on this cd is intended to help de-stress and focus the mind. The four tracks on this cd are lengthy, ranging from 11 to 25 minutes, and take their time to unfold, in order to allow for concentration, focus, or relaxation.

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