

Mp3 Elspeth Duncan - Manzanilla



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"Music for the Movie of your Mind" 16 MP3 Songs NEW AGE: Healing, WORLD: World Fusion Details: About Elspeth Duncan Creator of "Music for the Movie of your Mind" Elspeth Duncan is an independent writer, musician, visual artist, performer, art photographer and award-winning videographer/short film maker living in Trinidad Tobago. Her company, Happy Hippy Productions, embraces her creative facets for the manifestation of artistic works, productions and experiences that uplift, inspire, shift perspectives and create awareness in self and others. ***** The Sun unfolds to reveal the day. I open my Eye, seeing possibilities. The blue sky tell me to invite you, so I do. Glowing with excitement, we embark upon our journey. We head for the East, the Sun's birthplace. The green trees wave their arms at us And Manzanilla opens her Magic Door ... (E.D.) ***** ABOUT MANZANILLA Manzanilla is the name of a vast, untamed beach in Trinidad, uniquely characterised by miles of coconut trees and stretches of multi-coloured prayer flags. Manzanilla, on account of its raw, open character, has been a great source of inspiration and transformation for Elspeth. Her second instrumental CD, "Manzanilla", is an ode to that place which, to her, is "not just a place. It's a state of being." All music on this CD was created on Elspeth's Roland XP-50 workstation keyboard (with World Expansion). ABOUT MUSIC FOR THE MOVIE OF YOUR MIND Elspeth's Music ... "for the Movie of your Mind". Whenever people would ask Elspeth to describe her music, she never really knew what to say. Finding it difficult to slot something as fluid and ever-changing as her music into existing categories (although, the way the world works, sometimes we "have" to), she decided to make up her own genres. She refers to her acoustic guitar/vocal renditions as "Acoustic Folk Mantras" and her instrumental electronic music as "Music for the Movie of your Mind". In performance, she has used "Music for the Movie of your Mind" to create an interactive experience for her audience. She asks the audience to close their eyes, and the closed eyelids become each person's

"screen" for the visuals that her music inspires. For those who would still like a more traditional definition, rather than a coined one, one could say that Elspeth's music, both electronic and acoustic, spans the spectrum of New Age-Alternative-Folk-Rock-Soundtrack-Conscious-Mood. She also composes soundtracks for screen and other projects: short films, videos, commercials, documentaries and theatre productions. Her four CDs to date are: 1. MOVING PICTURES (2000) - music for the movie of your mind 2. MANZANILLA (2001) - music for the movie of your mind 3. INFINITE (2002) - Acoustic folk mantras 4. WAITING FOR ELAINE (2004) - Music for the movie of your mind IN TRINIDAD, Elspeth's CDs are available from: 1. Elspeth 2. Quest Bookstore (cor. Murray Street Ariapita Avenue, Woodbrook) 3. U.W.I. Bookstore, University of the West Indies Campus, St. Augustine To experience more, enter and explore Elspeth's Creative Portal at nowiswow.blogspot(displayed as "Website" link to left of this page)

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