

# Mp3 Sno Cap One Stone - Jail House Journal



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Black Guerrilla Family Style World Wide Rap Music 13 MP3 Songs HIP HOP/RAP: Alternative Hip Hop, HIP HOP/RAP: Rap Details: The Jail House Journal was the inspiration given to me during a time of confinement in the Federal Penitentiary. I was charged and convicted of Armed Bank robbery; 11.3 years was the time given, ten years was the time served. During that time I met many people with different views on life; more knowledge than I had ever accumulated before. I live what I Rap about. I am who I am in a very real way. I am not a bad man I do not promote evil yet I lived it. I was given a chance to reflect and observe everything from the inside out. I am grateful this is my way of giving back to the Universe. Some of my songs reflect feelings that will touch the heart of any to do and be better in this life. For it is this life that counts, believe that. These songs reflect the way I felt at the time of its conception. All but two of them were written while incarcerated. The two songs done before my incarceration "No Love Here" "Reason 4 Tears" reflect the mood and mind of a young adult going through the rings of maturity. Many many more songs are still yet to be posted I sincerely felt that these thirteen songs should be the beginning of a wonderful ending. I have had this drive to become the most profound Person to hit the scene of music, yet I don't care for it. This is how most people eat. You'd starve to death before making it. I've tried to be the best at what I do, I've done part of what I came to do. This is just a small part of a big responsibility. The duty of the civilized is to teach the uncivilized. When we fail to stop caring; when we fail to stop sharing. When we dare to be cowards in regards to the way people treat people, turning a face away from the problems that we are responsible for leaves us lower than the animal kingdom in our mentality. This we must change if we are to live on this planet in peace. Sno Cap One Stone

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