

## Mp3 Bridgette - I Am Enough



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Deeply honest, natural, experiential life music from one woman's view and voice. 12 MP3 Songs NEW AGE: Healing, NEW AGE: New Age Details: Bridgette expresses her joy, pain, anger, aloneness, celebration, discovery and connection in the songs she writes, encouraging you to wake up, remember who you are, and celebrate your innate, whole Self. Her powerful, yet compassionate vocals and lyrics bring a vulnerable willingness to fully share herself, no matter how it looks. This CD can be used on many levels to bring an awareness of truth to the listener's life.

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