

Mp3 Jan Duncan - Dream Weaver



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Sleep and dream. Allow yourself to be guided into a deeply relaxed and prolonged sleep with lucid dreaming. 2 MP3 Songs in this album (64:32) ! Related styles: NEW AGE: Self-Help, NEW AGE: Spiritual People who are interested in Paul McKenna should consider this download. Details: Sleep and dream. Allow yourself to be guided into a deeply relaxed and prolonged sleep with lucid dreaming. Experience an effortless sleep transition guided by Jan's softly spoken voice and the subtle Neurosonic Frequencies designed for a safe and instant trance induction each and every time you listen to this Personal Hypnotherapy CD. About Jan Duncan Jan Duncan has been practising natural therapies since 1981, when she first discovered reiki. After training with Rick Collingwood, Jan found her passion and became a gifted hypnotherapist. Jan is currently a member of the Council of Clinical Hypnotherapists (CCH), one of Australias most prestigious hypnosis organisations.

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