

# Parents Magazine Quick & Easy Kid-friendly Meals: 100+ Recipes Your Whole Family will Love - Parents Editors

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Simple, healthy recipes that will satisfy the pickiest eaters Parents magazine has been helping parents make smart decisions about their kid's health and wellbeing for more than 80 years. And what children eat is most important of all for growing bodies! In Parents Quick & Easy Kid-Friendly Meals, the editors of Parents offer more than 100 simple, healthy recipes for every meal of the day and snacks in between. Based on the expert advice of America's foremost childcare experts, you can rest assured that this cookbook offers kid-friendly meals that are both good and good for them! Includes more than 100 delicious, healthful recipes that kids will love, accompanied by mouthwatering full-color photographs Includes a free subscription to Parents with purchase of the cookbook Shares tips throughout on feeding picky eaters and preparing nutritious meals If you've got a lot of hungry little mouths to feed, Parents has the advice and recipes you need to make mealtime easy and your family happy. Author: Editors, Parents Publisher: Houghton Mifflin Harcourt Illustration: N Language: ENG Title: Parents Magazine Quick & Easy Kid-Friendly Meals: 100+ Recipes Your Whole Family Will Love Pages: 00224 (Encrypted EPUB) On Sale: 2013-02-21 SKU-13/ISBN: 9781118173602 Category: Cooking : Methods - Quick & Easy

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