

## Mp3 Millenary - Feel The Heat



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Get your summer started right with the fun, catchy vibes of "Feel The Heat." No convertible or open highway required. Just play this disc and Millenary's blend of tough grrl rock and subtle songwriting will have you feelin' the heat in no time. 14 MP3 Songs ROCK: Punk, ROCK: 90's Rock Details: A lot has happened since the first Millenary release, "High Energy." Most importantly, Millenary has finally become a band. "Feel The Heat" is driven by the unification of the trio and the interaction of the instruments, made solid through constant performances and practice. To be sure, this album rocks. Blazing tracks such as "Restless," and the title track "Feel the Heat," flare up against punk, minute-and-a-half scorchers such as "Show Me Some Skin." Contrast these to the sweet, uplifting "Get A Good Look," and the fun, catchy "Summer Vacation on the Run," and you've got Millenary in it's element: a devotion to bar chords, basslines, and backbeats, with a few tricks thrown in to show off the serious side. Singer/songwriter and guitarist Sarah Stollak rocks with a voice both edgy and full of finesse over her own melodic guitar hooks. An advocate for women in music, she has been a co-founder and organizer of Ladyfest Lansing since 2001. Sarah originally formed Millenary in Lansing in 1995. Sarah's dream is to rock and roll all night, and knit every day. Bringing in the low end is bassist Tammy Cook, who joined Millenary in the fall of 2002. She has been active on the Lansing, MI music scene in the bands Mustard Pie and RAW, as well as in the region with folk rock staple Half Looking. Drummer Shawn Doolittle made his debut Millenary performance at Ladyfest Midwest Chicago in 2000, at the CD release show for "High Energy." He has been rockin' the steady beats to get you moving ever since. Millenary is Shawn's first band. The full-length album "Feel The Heat" highlights the band's blend of catchy songwriting with punk, garage rock attitude, capturing the band's fun, high-energy live shows with vigilant studio trickery. WHAT'S BEEN SAID: "Rock trio Millenary's latest album, "Feel the Heat" is on fire from the opening drum beats to the

very last guitar chord...Suggested listening: On your way to work or class in the morning - instead of coffee." - - Megan Frye, State News. [statenews.com/article.phtml?pk=24195](http://statenews.com/article.phtml?pk=24195) "It's The Butchies meets Nelly Furtado on a sunny day at the park!" - - Ross Wantland, GirlZone, Champaign-Urbana, IL "Lead singer Sarah Stollak teases with a playful girlie voice, but behind that innocence are lyrics laced with cyanide." - - Yvonne Glasgow, Music Revue, Grand Rapids, MI Check out a feature on the band at: [lansingnoise.com/stories/bands/040428\\_Millenary.html](http://lansingnoise.com/stories/bands/040428_Millenary.html)

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