

Mp3 James Michael Wisniewski - Urban Meditations



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Meditative music influenced by North American nature performed on a bamboo flute. 4 MP3 Songs in this album (44:02) ! Related styles: NEW AGE: Shamanic, NEW AGE: Yoga People who are interested in Paul Horn Herbie Mann should consider this download. Details: ..Brings the ancient healing art of breath and tone into the concrete corridors of New York City. Recorded after walking over the Brooklyn Bridge one summer evening, classically trained flute master James Wisniewski recorded this magnificently fluid piece in one sitting once back in his studio on the Lower East Side. Aptly named Urban Meditations, J.W. harnesses the creative energy of his journey into a sonic expression that taps into the mystical world of sound and melody. This simple improvised piece is meditative, fresh and energetically penetrates the listener with the universal teachings of breath; union with the higher self. James flute goes right along with the yoga/meditation practitioner as a joyous reminder to stay present in the now moment. "This is not like other new age music Ive heard. No synthesizers, no big production. Just inhale, exhale, tone, silence. Humbly delivered by a master flute player with intelligence and grace. He reaches down into the deepest well for us all to experience the flight of the spirit in ecstasy." Listener "Full of color, emotion and truth, I put this cd on and Im reminded of what it is I really need to do, not what I think I have to do" Listener

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