Deceived: Facing Sexual Betrayal Lies And Secrets -Claudia Black

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Pornography, cybersex, prostitutes, voyeurism, multiple affairs. No matter their "drug" of choice, men who act out sexually leave their partners reeling in fear, rage, incredible shame, and isolation. But there is hope. In Deceived, bestselling author Claudia Black offers women in relationships plagued by sexual betrayal the care and guidance to create a new path of clarity, direction, and confidence. Black uses stories of real women who have been through a wide variety of experiences to help readers develop the understanding and skills to: confront their partners heighten their personal security by setting nonnegotiable boundaries avoid preoccupation with their partners' problems practice forgiveness let go of the uncontrollable talk to their children make positive changes derived from esteem and integrity Deceived teaches women how to proactively emerge from emotional isolation, shed secrets and shame, and discover their power to incite positive change in their relationships.Author: Black, Claudia Publisher: Hazelden Illustration: N Language: ENG Title: Deceived: Facing Sexual Betrayal Lies and Secrets Pages: 00272 (Encrypted EPUB) On Sale: 2009-07-30 SKU-13/ISBN: 9781592856985 Category: Self-Help : Abuse - General Category: Self-Help : Personal Growth - Self-Esteem Category: Social Science : Ethnic Studies - General

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