

Ready To Win? Over Worry And Anxiety - Thelma Wells

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Dynamic author and speaker Thelma Wells (Dont Give In/God Wants You to Win!) shows people how to fight the discouraging, time-wasting problem of worry. Drawing on her trademark energy, her tell it like it is style, and her strong faith, she shows readers ways to beat anxiety in ever situation, including... potential or actual job loss family problems bill pile-ups sickness loved ones caught in sinful habits Thelma scours the Bible and shares interactive questions and doable steps to help people implement Gods wisdom and principles. She covers... what worry is and why its so pervasive how worry affects physical, emotional, and spiritual health how to use faith to fight worry how to keep worry and anxiety from returning how to help others eliminate worry Readers will discover the tools they need to live in freedom and peace. Author: Wells, Thelma Publisher: Harvest House Publishers Illustration: N Language: ENG Title: Ready to Win™ over Worry and Anxiety Pages: 00160 (Encrypted EPUB) / 00160 (Encrypted PDF) On Sale: 2010-07-01 SKU-13/ISBN: 9780736928250 Category: Religion : Christian Life - Women's Issues

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