

# Teaching Yoga: Exploring The Teacher-student Relationship - Donna Farhi

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Drawing on decades of experience in training Yoga teachers, Donna Farhi offers the first book to set professional standards for yoga teachers. Teaching Yoga explores with depth and compassion a variety of topics both practical and philosophical, including how to create healthy boundaries; the student-teacher relationship (including whether a sexual relationship is acceptable); how to create physical and emotional safety for the student; what is a reasonable class size; how much a class should cost; and how to conduct the business of teaching while upholding the integrity of Yoga as a philosophy, a science, and an art. A bonus CD features the author speaking about yoga ethics at a 2002 conference. Author: Farhi, Donna  
Publisher: Rodmell Press Illustration: N Language: ENG Title: Teaching Yoga: Exploring the Teacher-Student Relationship Pages: 00192 (Encrypted EPUB) On Sale: 2006-10-01 SKU-13/ISBN: 9781930485174 Category: Health & Fitness : Yoga

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