

Therapie Nach Einem Bandscheibenvorfall - Daniel Pfender

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In der heutigen Zeit ist der Rückenschmerz, durch die Vielzahl der Betroffenen und die Höhe der daraus resultierenden Behandlungskosten, ein zentrales Problem unserer Gesellschaft. In Deutschland leidet jeder Dritte unter Rückenschmerzen und nur etwa jeder fünfte Erwachsene bleibt verschont. In kaum einer Gesprächsrunde gibt es eine Person, die nichts zum Thema Rückenschmerz aus eigener Erfahrung beitragen kann. Diese Ausarbeitung befasst sich speziell mit dem Thema des Bandscheibenvorfalls und seinen unterschiedlichen Therapiemethoden, abgestimmt auf unterschiedliche Krankheitsverläufe und Beschwerdebilder. Erkrankungen an der Bandscheibe bedingen langandauernde Arbeitsunfähigkeit und führen nicht selten zu Frühinvalidität. Sie fordern aufwändige Therapie- bzw. Rehabilitationsmaßnahmen. Um den Rahmen dieser Ausarbeitung nicht zu sprengen, werden die Grundlagen, in Bezug auf die Anatomie der Wirbelsäule (passiver und aktiver Bewegungsapparat), vernachlässigt. Es wird jedoch kurz der Aufbau und Funktion der Bandscheiben, der Verlauf des Bandscheibenvorfalls und dessen Ursachen erläutert. Studienarbeit aus dem Jahr 2004 im Fachbereich Sport - Sportmedizin, Therapie, Prävention, Ernährung, Note: 1,3, Universität Bielefeld, Veranstaltung: Therapie und Sport, 7 Quellen im Literaturverzeichnis, Sprache: Deutsch. Author: Pfender, Daniel Publisher: GRIN Verlag Illustration: N Language: GER Title: Therapie nach einem Bandscheibenvorfall Pages: 00016 (Encrypted PDF) On Sale: 2004-01-01 SKU-13/ISBN: 9783638318471 Category: Sports & Recreation : General

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