Mp3 Patrice Dickey - Back To The Garden: Getting From Shadow To Joy



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This really is a delightful book, full of pithy, wise, fun, real, honest, short selections, each to the point with a message to ponder. Witty accessible, enjoyable to read. --Writers Digest 21 MP3 Songs SPOKEN WORD: Inspirational, SPOKEN WORD: Storytelling Details: For 25 years as an enthusiastic sales trainer, motivational speaker, life transition coach, yoga teacher and award-winning author, Patrice Dickey's intention is to help people recognize the highest and best in themselves and translate it into authentic, positive forward movement in their lives. She has led Get the Life You Love, a popular creativity enhancing and life enrichment class at Emory University's Center for Lifelong Learning since 1999.Her complimentary EZine "Your Guide to the Life You Love" and free EBook "101 Simple Ways to Kick the Depression Habit Get Happier Without Prozac" are available at PatriceDickey.com Released in 2006, her book BACK TO THE GARDEN: Getting from Shadow to Joy has won five awards in inspirational, spiritual and non-fiction categories--a standout in every contest in which it has been entered. The greatest honor to Patrice was discovering a young woman's comment on MySpace: "Most amazing self-help book I've ever read. It actually works." Now that's authenticity! Her background includes a successful 16 years as a public relations entrepreneur, heading her consulting firm PD Communications. British Airways, the Center for Women's Care Reproductive Surgery, Executive Medical Marketing and other high caliber groups comprised her client base, mostly health and wellness related. She regularly contributes articles to national and regional magazines on topics of health, relaxation and top destination spas. After 15 years as an award-winning instructor of Dale Carnegie Sales Training, she expanded the scope of PD Communications to include corporate keynotes and workshops, giving people the tools to embrace change, develop more meaningful lives, and leave a legacy.

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