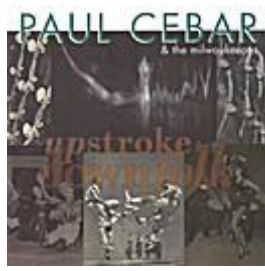


## Mp3 Paul Cebar - Upstroke For The Downfolk



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Original dance music inspired by the soul tradition with prominent African and Afro-Caribbean influences. 14 MP3 songs. WORLD: World Fusion, URBAN/R&B: Funk Details: The second full-length offering in the ongoing Cebar saga came rolling down the pike in autumn of 1995. Originally released on Milwaukee-based DON'T records (a little indie that could, at least for a little while), this disc boasts Cebar's most prominent radio "hit" in the lead-off cut, "DIDN'T LEAVE ME NO LADDER". The album careens with considerable aplomb through the many genres Cebar and his talented cadre of co-conspirators feel firmly at home exploring. Highlights include the Afro-Cuban infused, RUN WILD, BREATHE EASY, the New Orleans rooted, HOLD ME TO YOUR BONES, Congo-inspired, A KNIFE AND A ROSE, the Meters-esque DON'T LEAVE ME LISTLESS, boogaloo-based I CAN'T DANCE FOR YOU, and Paul's haunting late night secular prayer, SOMEWHERE WE BOTH BELONG.

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