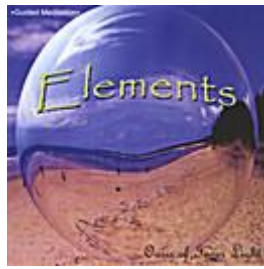


Mp3 Oasis Of Inner Light - Elements



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Unique Australian guided meditation featuring the soothing voice of meditation guru Mietha and an eclectic mix of contemporary and indigenous Australian music from composer Suzanne Hibbs. 6 MP3 Songs in this album (74:48) ! Related styles: NEW AGE: Meditation, NEW AGE: Energy Healing People who are interested in David Hudson Deepak Chopra Louise Hay should consider this download. Details: About the CD The elements meditation helps you work with the different vibrational energies of each element. Welcome to 75 minutes of musical journeying , allow the music to guide you on your meditation through the elements of air, fire, water and earth. About the Artists Mietha is an aboriginal womyn of the Bundjalung Language Group from Northern New South Wales. She is inspired by spirit to co-create the spoken meditation and together with the magic of Brethnaes musical expertise they have created a uniquely Australian brand of working meditations. Testimonial After a long week at work, I like to take time out each weekend with Elements cd. I find that when working with these meditations my energy is totally rejuvenated. I feel that I have gone on a weekend retreat, but still have my weekend to enjoy and that I am ready to face life once again with fresh eyes Mat James

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