

Mp3 Harriett Madayo Watson - Good Night, Baby, Good Night



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Listen to the calming and comforting spoken words of Madayo, who will teach you how to get your infant or older baby to sleep through the night, or give it as a gift to a new parent. Sweet dreams. 6 MP3 Songs

KIDS/FAMILY: Educational, SPOKEN WORD: Instructional Show all album songs: Good Night, Baby, Good Night Songs Details: Good Night, Baby, Good Night, CD version, can get your healthy baby to sleep through the night as early as seven to eight weeks old. Are you expecting a baby or have a new baby? Would you, or someone you know, like to learn how to avoid the interrupted sleep and sleep deprivation you have heard so much about? Well, now you can. Get help with one of the first challenges of being a new parent. I am a wife and mother of two who helped raise five other children within my family. Im also a Licensed Mental Health Counselor with a masters degree in Counseling Education. I was raised in Baltimore, Maryland and now live and work in Naples, Florida. I have been in the counseling profession for over 20 years. I have always had a keen interest in childrearing, even before I became a mother and professional counselor. This was partly because of the wonderful skills my mother taught me. She instructed me on how to care for my younger brother and sister, and her three grandchildren. I was a teenager by then. My mother was a stay at home mom, but I would help out. I used to be amazed at how well the children slept at night and how they were potty trained so early, as well as their overall well behaved manner. Well, I adopted my mothers techniques and methods and incorporated my counselor training, and then used the skills to train my own children, with great success. As a mental health counselor, I am aware of the many challenges faced by new parents, and the need for them to have guides and instructions to assist them in reducing some of the anxiety and frustration associated with losing sleep for many months after the baby comes home. In my experience, the actual reason for

the counseling session is rarely because of a baby that wont sleep, I just give my sleep training advise as a courtesy, then move on to address the exact reason the patient seeks counseling. Over the years, many patients, friends, co-worker and neighbors have reported excellent results from following my sleep training techniques. My training as a counselor also gives me first hand knowledge of some child abuse issues that can result from the lack of parenting skills which can cause some parents to lose control of their actions and emotions. I know that my instructional CDs and books can help in this regard. For over 30 years, people have said: Your baby sleep training and other training techniques work so well you should write a book about them. Good Night, Baby, Good Night, Volume 1, is the first in the Madayos Child series of parenting guide CDs and books. My CDs will discuss the exact training, while my books will provide additional details and supportive information related to the training, as well as extra tips to help you train your child. My trainings will always support and nurture positive parenting skills. First, train your healthy baby to sleep through the night! Please note: the CD alone can get the job done. Visit my website for more details, and to order the book by the same title, Good Night, Baby, Good Night.

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