

# Mp3 Pat Harris, Family Therapist - For Teenagers (and Their Parents)



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Spoken "Audio Letters" to inspire teens and their parents including "After The Storm" (to heal after trauma) 6 MP3 Songs SPOKEN WORD: Audiobook, SPOKEN WORD: Instructional Details: Pat Harris, founder of ResolveToHeal.com, works with families to deal with trauma. She has recorded some of her "audio letters" for her clients to replay to reinforce the good advice. She offers "what works" to you with transcripts of many tracks on her web site.

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