

Mp3 Cathy Cook - Silk And Steel



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Passionate, edgy love songs with a soft rock and country-blues style, combined with unusual topics like Joan of Arc and the environment. Influences include Mary Chapin-Carpenter, Buffy St. Marie and Rita Chiarelli. 12 MP3 Songs COUNTRY: Country Blues, ROCK: Soft Rock Show all album songs: Silk and Steel Songs Details: While pursuing day jobs in administrative social work and nursing, Cathy has been writing songs and performing at concerts, coffeehouses, marches, rallies and fundraisers since she was a teenager. She has always been an advocate for people struggling with poverty, homelessness, physical and mental disabilities and an opponent of bigotry, and violence, especially against women and children. Her compassion, and her commitment to freedom and equality, all come through in her songwriting. In 2007, at the tender age of 53, she has released her debut CD Silk and Steel. Cathy attributes part of her rebellious nature to her ancestry. Her family comes from the town of Coolville in the Ohio River Valley and have descended from the Cherokee who fled North from the Carolinas when the People were forced-marched to Oklahoma by Andrew Jackson in the 1830's (The Cherokee call it the Trail of Tears because a third of the people died along the way). Some of those who fled up the Appalachian range married refugees kicked off their lands in Scotland by the British, and settled in West Virginia. Her great, great grandparents were among these biracial couples. Listen to "The Mighty Ohio" to hear more about how her ancestry influences her music. Like John Denver, Cathy was born in the summer of [her] 27th year, comin' home to a place she'd never been before when she brought a friend to visit her friend, and discovered Nova Scotia(Canada). Her genuine love for the Province and its remarkable people comes through loud and clear to anyone who has heard I Can't Sing Farewell To Nova Scotia. It's one of 12 original songs on her CD Silk Steel.

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