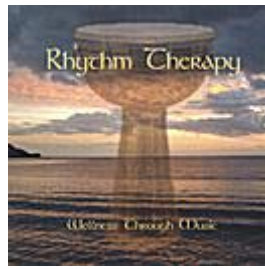


Mp3 Jon Heitkamp - Rhythm Therapy



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Hypnotic rhythms combined with lush ethereal melodies take the listener on a relaxing and healing musical journey. Great for listening or playing a hand drum along with for a full interactive experience. 11 MP3 Songs NEW AGE: Relaxation, NEW AGE: Healing Show all album songs: Rhythm Therapy Songs Details: Jon Heitkamp composed and performed all the tracks on Rhythm Therapy. He started playing drums at the age of 11 and has since played all over the US and Canada. Inspired at an early age by all kinds of music Jon has played everything from jazz to blues to rock and new age. As long as the music has a strong rhythmic foundation Jon loves to play it. Jon also plays guitar, bass and keyboards and composes music almost every day. While performing live Jon has shared the stage with many music legends such as The Jefferson Starship, Steve Miller Band, Badfinger, Vince Gill, The Drifters, Michael Martin Murphy, Tom Johnston(Doobie Brothers), Firefall and many others. Jon truly believes that music and especially rhythm can greatly contribute to a persons well being and state of mind. Rhythms can take you to a place of almost hypnotic relaxation and combined ethereal melodies the listener enters a state of peace and being in the moment. Rhythm Therapy transports the listener to a place that is removed from everyday problems and stresses. Jon also hopes Rhythm Therapy will inspire people to pick up their own drum and start playing. Listening is great but participating is even better and no prior musical experience is necessary. Studies have shown strong links to wellness and hand drumming so hopefully Rhythm Therapy will inspire people to start to explore this fun and very healthy activity.

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