Mp3 Rachel Dacus - A God You Can Dance



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Combining lyric poetry, music and sounds effects, this CD takes you on a guided meditation through the world of a child, a fish, an auto repair shop -- anywhere you least expect to find the special sparkle of delight hidden in the everyday. 31 MP3 Songs NEW AGE: Meditation, SPOKEN WORD: With Music Details: Rachel Dacus's poetry and lyrics interpreted dramatically, with sound effects and music, combine to create an hour's stress-releasing, whimsical meditation. The CD includes group and individual readings and four songs, taking the listener into the shining core of the everyday. The poetry reveals a special sparkle of divinity glinting not just in the obvious places, but at an auto repair shop, a ballet class, and tucked inside a purse. A God You Can Dance takes the listener through a constantly changing aural landscape for a program as varied and refreshing as summer weather. Listen to it while commuting, cooking, or on a walk. A booklet contianing all the poems is included. One reviewer called this recording: "Like the inner monologues we usually have during the day, but always with a twist. If you like Billy Collins or Rumi, you'll like this." Readers: Dana Evans, Ken Hastings, Leslie Linn, David Dacus and Rachel Dacus. Musical score: Gary Leuenberger. Additional music and effects: Christopher Krotky and John Alevizakis. Rachel Dacus is the author of "Femme au Chapeau" (David Robert Books; 2005) and "Earth Lessons" (Bellowing Ark Press; 1998). Her poems, essays and stories have appeared widely in print and online. Her web site is dacushome.com.

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