

The Secret Olympian: The Inside Story Of The Olympic Experience - Anon

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The vast majority of us can only dream of being an Olympic-level athlete - but we have no real idea of what that means. Here, for the first time, in all its shocking, funny and downright bizarre glory, is the truth of the Olympic experience. It is an unimaginable world: the kitting-out ceremony with its 35kg of team clothing per athlete the pre-Olympic holding camp with its practical jokes, resentment and fighting, and freaky physiological regimes the politicians' visits with their flirty spouses the vast range of athletes with their odd body shapes and freakish genetics the release post-competition in the Olympic village with all the excessive drinking, eating, partying and sex (not necessarily in that order) the hysteria of homecoming celebrations and the comedown that follows - how do you adjust to life after the Games? The Secret Olympian talks to scores of Olympic athletes - past and present, from Munich 1960 right through to London 2012, including British, American, Australian, Dutch, French, Croatian, German, Canadian and Italian competitors. They all have a tale to tell - and most of those tales would make your eyes pop more than an Olympic weightlifter's. Author: ANON Publisher: A&C Black Illustration: N Language: ENG Title: The Secret Olympian: The inside story of the Olympic experience Pages: 00000 (Encrypted EPUB) On Sale: 2012-05-10 SKU-13/ISBN: 9781408154922 Category: Sports & Recreation : Olympics

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