

Handbook Of Stressful Transitions Across The Lifespan

[DOWNLOAD HERE](#)

1;Foreword;6 2;Contents;8 3;About the Contributors;12 4;Part I Processing Transitions in the Life Span;23 5;Chapter 1;24 5.1;Life Stress and Transitions in the Life Span;24 5.1.1;Education and Career Transitions;26 5.1.2;Marriage, Family, and Sexual Life Cycle Transitions;27 5.1.3;Legal, Ethical, and Financial Transitions;30 5.1.4;Life-Threatening Transitions in Maturation and Health;31 5.1.5;Cultural, Religious and Spiritual Influences in Life s Transitions;33 5.1.6;Directions and Interventions in Stressful Life Transitions;35 5.1.7;References;37 6;Chapter 2;39 6.1;Life Transitions and Stress in the Context of Psychosocial Development;39 6.1.1;Psychosocial Stages from Adolescence Through Adulthood;41 6.1.1.1;Identity;41 6.1.1.2;Intimacy;42 6.1.1.3;Generativity;43 6.1.1.4;Integrity;44 6.1.1.5;Generational Mutuality;45 6.1.1.6;Hope and the Complete Eriksonian Chart;45 6.1.2;Identity Throughout the Adult Life Cycle;47 6.1.2.1;Psychosocial Developmental Theory and Psychotherapy;50 6.1.2.2;A Case Study: Duane (Pseudonym);51 6.1.3;Conclusion;53 6.1.3.1;References;53 7;Chapter 3;55 7.1;The Neurobiology of Stress Throughout the Life Cycle;55 7.1.1;Introduction;55 7.1.2;How Do Experiences Influence the Brain? The Role of Learning and Memory;55 7.1.2.1;Memory Types;56 7.1.3;The Neuroanatomy of Learning and Memory;58 7.1.3.1;The Amygdala;58 7.1.3.2;The Hippocampus and Explicit Memory;60 7.1.3.3;Effects of Stress on the Hippocampus;60 7.1.4;Who is More Vulnerable to Stress?;61 7.1.4.1;The Enduring Impact of Attachment Issues;62 7.1.4.2;Attachment Theory Research;62 7.1.4.3;Neurobiological Aspects of Animal Attachment: Separation Studies in Rodents;63 7.1.4.4;Gene Environment Interaction and Vulnerability to Stress;65 7.1.4.5;Genetic Polymorphism;66 7.1.4.6;Studies of the Serotonin Transporter Gene;66 7.1.4.7;The Role of COMT;69 7.1.5;Toward an Understanding of Stressful Life Transitions;69 7.1.5.1;Some Consequences of Childhood Adversity;70 7.1.5.2;A Developmental View of Stress Across the Life Cycle;71 7.1.6;Conclusion;72 7.1.7;References;73 8;Chapter 4;79 8.1;Life as a Source of Theory: Erik Erikson s Contributions, Boundaries, and Marginalities;79 8.1.1;Introduction: Psychobiography and Theory;79 8.1.2;Origins;80 8.1.3;Erikson s Life Cycle Theory;84 8.1.4;Adult Transitions and Marginalities;89 8.1.5;A Theory of Adulthood;90 8.1.6;Reversals of Fortune;92 8.1.7;Erikson s Generativity;96 8.1.8;References;100 9;Part II Education

and Career Transitions;104 10;Chapter 5;105 10.1;College-to-Workplace Transitions: Becoming a Freshman Again;105 10.1.1;Experiencing College-to-Work Transition;105 10.1.1.1;Case in Point;105 10.1.2;Perspectives on Transition;108 10.1.2.1;The Bridges Model;108 10.1.2.2;Schlossberg s Transition Framework;110 10.1.3;Psychosocial Development;111 10.1.3.1;Marcia s Identity Statuses;111 10.1.3.2;Arnett s Emerging Adulthood;112 10.1.3.2.1;Age of Identity Exploration;113 10.1.3.2.2;Age of Instability;113 10.1.3.2.3;The Self-Focused Age;113 10.1.3.2.4;The Age of Feeling In-Between;113 10.1.3.2.5;The Age of Possibilities;114 10.1.3.3;Baxter Magolda s Epistemic Model of Knowing;114 10.1.4;Organizational Aspects of Transition;116 10.1.4.1;Holton s Taxonomy of New Employee Development Learning Tasks;116 10.1.4.2;Differences Between College and Workplace;119 10.1.4.3;Transferable Skills;120 10.1.5;Other Aspects of Transition;121 10.1.5.1;Health;121 10.1.5.2;Finances;122 10.1.6;Recommendations to Students;123 10.1.7;Concluding Remarks;124 10.1.8;References;125 11;Chapter 6;128 11.1;Coping with Job Transitions over the Work Life;128 11.1.1;The Changing Context of Job Transitions;128 11.1.1.1;The Number of Job Transitions Individuals make over their Careers has Increased;128 11.1.1.2;Frequent Reduction in Personnel Costs;129 11.1.1.3;The Diversity of the Workplace is Increasing;130 11.1.1.4;Increased Demands for Worker Productivity;130 11. EAN/ISBN : 9781441907486 Publisher(s): Springer, Berlin, Springer, New York Discussed keywords: Stress Format: ePub/PDF Author(s): Miller, Thomas W.

[DOWNLOAD HERE](#)

Similar manuals:

[Stressed Woman With Telephones](#)

[Stressed Office Clerk](#)

[Stressed Office Clerk](#)

[Stressed Office Clerk With Dictaphone](#)

[Stressed Office Clerk](#)

[Stressed Office Clerk](#)

[Stressed Mother With Child At Work](#)

[Stressed, Overcharged Businesswoman At The Office](#)

[Stressed, Overcharged Businesswoman At The Office](#)

[Symbol For Mobile Phone Stress - Young Woman Making Phone Calls With Two Mobile Phones](#)

[Keyboard Featuring Panic Key: Symbol For Computer-induced Stress](#)

[Businessman Wearing A Suit Engaged In A Stressful Phone Call With A Client](#)

[Young, Stressed Woman Using Laptop](#)

[Stressed, Worried Manager Grasping His Forehead, Looking Gloomy](#)

[Stressed Young Woman Holding Her Temples](#)

[Office Worker Or Business Woman Stressed Out](#)

[Business Woman With Mobile Phone, Under Stress, With An Appointment Calendar](#)

[Stressed Manager](#)

[Stressed Manager](#)

[Stressed Manager](#)

[Stressed Manager](#)

[Stressed Manager](#)

[Stressed Manager](#)

[Stressed Manager](#)

[Stressed Manager](#)

[Stressed Out Man](#)

[Stressed Out Man](#)

[Stressed Boy With A Book](#)

[Bandaged Piggy Bank With A Stethoscope, Symbolic Image For Health Insurance Companies In Financial Distress](#)

[Fighting Invisible Tigers: Stress Management For Teens \(Revised & Updated Third Edition\) - Earl Hipp](#)

[Diseased Norway Spruce \(Picea Abies\) In The High Mountains With Yellow Stress Shoots, Weather Spruce, Wendelstein Mountains, Bavaria, Germany, Europe](#)

[Man Sitting Casually On The Floor, Burn-out, Stress, Fatigue, Isolation, Loneliness And Self-doubt](#)

[Man Sitting Casually On The Floor, Burn-out, Stress, Fatigue, Isolation, Loneliness And Self-doubt](#)

[Man Sitting Casually On The Floor, Burn-out, Stress, Fatigue, Isolation, Loneliness And Self-doubt](#)

[Man Sitting Casually On The Floor, Burn-out, Stress, Fatigue, Isolation, Loneliness And Self-doubt](#)

[Man Sitting Casually On The Floor, Burn-out, Stress, Fatigue, Isolation, Loneliness And Self-doubt](#)

[Man Sitting Casually On The Floor, Burn-out, Stress, Fatigue, Isolation, Loneliness And Self-doubt](#)

[The Best Meditations On The Planet: 100 Techniques To Beat Stress, Improve Health, And Create Happiness-In Just Minutes A Day - , Skye Alexander](#)

[Stress Proof Your Business And Your Life: 52 Brilliant Ideas For Taking Control - , Steve Pipe](#)

[Colleagues In Office, Stressed Woman](#)

[Young Asian Student Sitting At Desk With Many Books, Stressed, Tired](#)

[Distressed Looking Elderly Man Wearing A Black Woollen Hat](#)

[Distressed Looking Elderly Man Wearing A Black Woollen Hat](#)

[Stress-Free Diabetes: Your Guide To Health And Happiness - Joseph Napora](#)

[Stress Management](#)

[Christmas Stress](#)

[Mistress, Inc. - Niobia Bryant](#)

[Encyclopedia Of Stress, Three-Volume Set](#)

[Empowerment Practice With Families In Distress - Judith Bula Wise](#)

[The Kings' Mistresses: The Liberated Lives Of Marie Mancini, Princess Colonna, And Her Sister Hortense, Duchess Mazarin - Elizabeth C. Goldsmith](#)