

Mp3 Velma Frye - Seven Sacred Pauses



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Spiritual folk music: songs to hear and sing: before dawn, dawn, mid-morning, noon, late afternoon, sunset, after dark --- with poetic, inclusive lyrics --- many written by Macrina Wiederkehr. Voice, piano, harp, flue, violin and more. 21 MP3 Songs FOLK: Gentle, NEW AGE: Spiritual Details: Velma Frye is a multi-instrumentalist and vocalist with a strong background in classical and popular styles. She has performed nine times on Garrison Keillor's "A Prairie Home Companion" and in 2006 went on a 6-college tour with Garrison as his pianist and vocal duet partner. Born in Washington, D.C. and raised in Arlington, Virginia, Velma attended the Florida State University College of Music in Tallahassee, where she earned her Bachelor's and Master's degrees in music. After college, she learned popular music styles, and performed full-time in North Carolina, Virginia, Washington D.C., Maryland, Ohio, and Florida. She represented Tallahassee's Sister City Program by performing in Krasnodar, Russia, followed by two concerts in Germany. While continuing to perform professionally and teach piano, Velma leads weekly Singing Circles for women and for mixed chorus. She leads MusicSpirit groups and seasonal ceremonies, where people come together to sing songs with positive, universal messages about life, love, and nature. These community-building skills are now featured in workshops and conferences. People who are interested in Enya Joni Mitchell Judy Collins should consider this download.

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