## Mp3 Everchanging Nomad - Hero Today...gone Tomorrow



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Indie pop/rock that crosses genres 12 MP3 Songs POP: Folky Pop, ROCK: Psychedelic Details: Three years ago, longtime friends Damon Lynn and Vance Crofoot found themselves bored with the music they were hearing on the radio. Bad Xerox copies of the Grunge Era, they called itl, and wrote a powerful tune called Demons. The two had been composing songs as a hobby for years, often just to give themselves something more interesting to listen to in their cars, but this time, they knew they'd hit on something fresh. Careers and hobbies quickly took a backseat, and music and lyrics about the shattering of life's illusions started pouring out. The euphoria the duo felt after each tune was written inspired them to keep going, and they knew they wanted to share their truths about the reality of life with the world but in a fresh, innovative way, of course. Their group name Everchanging Nomad is more than just a catchy moniker. Lynn (the lead vocalist and lead writer) and Crofoot (harmony vocals, acoustic and electric guitars, keyboards, secondary writer) chose it because, as Crofoot says, "It describes us in more ways than one, from the major changes we've gone through in our lives concerning our belief systems, as well as our growth as musicians". The release of Hero Today, Gone Tomorrow, their insightful, lyrically provocative and musically transcendent debut, heralds the birth of a new genre on the independent music landscape, 'future pop'. It's an innovative sound based less on concerns for commercial categorization than the various stylistic muses inspiring the duo's creative lives. There are touches of 70s and 80s pop/rock, ambient rock, (Dancing Supernova boasts a lush, psychedelic vibe), organic indie flavors (thanks to Crofoot's raw strumming style) and even shades of disco, which they include unapologetically. The twelve songs were mastered at The Mastering Lab in Los Angeles by Gavin Lurssen, the first mastering engineer to ever receive a Grammy (for the soundtrack to O Brother, Where Art Thou? ). Lurssen also mastered three of the five songs nominated for Oscars in 2004, and has worked on tracks by Pink Floyd,

Ben Harper and Green Day. 'You Know' was chosen as the first single, says Crofoot, "Because of its energy. It's like the hub in the wheel of the whole collection. It's short, sweet and punchy, but says so much about the way we believe we all should live our lives". "It's about taking advantage of the opportunities you have", adds Lynn, "and the regret you know you're going to feel if you don't at least try. We've all experienced that feeling, and then the frustration that follows when you realize you've let another chance pass you by". You Know embodies the unique approach Everchanging Nomad takes to the other 11 tracks on Hero Today, Gone Tomorrow as well stark, brutal honesty, often presented tongue in cheek, with soaring lighthearted music that brings a sort of trippy fun to exploring the darker realities of life. Tying in with the witty album title, the duo digs deep to shatter the comfortable iconic illusions they had grown up with, many of which were inspired by their departure from their religious upbringing. The sure to be controversial Antilove contrasts the heavy truths they discovered about the world as adults with the feel good catch phrases that many of us were taught as children. Santa would bring gifts, Jesus would bring hope and eternal life, and that love would conquer all. In part, the group name derives from their embracing the theory of evolution and science over the Genesis account of Creation they were taught as children. But make no mistake, these discoveries by no means created a dark cynicism in their lives; in all honesty, they both felt that the shattering of these ideas (also addressed in the infectious opening track Castle in the Sky) were a path to true freedom. "Some people become bitter when reality hits them and their worldview changes", says Lynn, "but the point of our message, for example with Castle in the Sky', is to offer a different spin on where all this bizarre, ritualistic behavior, known as religion, started in the first place, all the while presenting it in a fun, childlike package. Sort of like a Sunday School lesson for atheists". "For us, this album is a realization of what life is about", adds Crofoot. "It's not about being cynical or rebelling just for its own sake, but about the humbling experience of seeing life for what it really is". That said, for the most part, Everchanging Nomad prefers not to get too specific on the meanings of their lyrics, desiring instead to leave interpretations to the listener's imagination and individual life experiences. "Sometimes, when artists over-explain their work, it's a letdown because they're telling you what to think instead of inspiring you to think it out for yourself", says Lynn. "We're pretty expressive lyrically, but we don't want to spoil the experience of relating to our songs by telling people how they should see them", he adds. "We believe the tunes speak for themselves", confirmed Crofoot. "The main thing is that we're creating a unique hybrid style of music that allows listeners to know who we are and

what we're about". While the two Portland natives draw from a wealth of musical influences, Everchanging Nomad is most inspired by musicians who have captured the independent mindset they seek to embody in their own music and marketing approach. As the duo stated, "We're at the stage now where we're eager to share our music and our message with everyone. We believe people will relate and connect with us, yet our initial goal hasn't changed since the days when we just wrote songs to amuse ourselves. We only create music if it moves us and we can have fun in the process".

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