

Mp3 Sabrina Siegel And Onomatopoeia - Eye



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Unique, improvised, and unconventional songs of folly, wisdom, and beauty..... 10 MP3 Songs POP: Quirky, JAZZ: Weird Jazz Details: Sabrina Siegel voice, guitar Arlan Schwarzbauer drums, drum machines, samples, recording Robert Schofield synth, keyboard, guitar Living in human culture, the contents of mind have become a pastiche of ever shifting influences.....conditioning from the beginning of "civilization"... layer upon layer upon layer, from culture, nature, family, self. It is this predicament in which we find ourselves, our minds..... in this amalgamated dream world which we allow, unknowing and unseeing, to enslave us (not knowing ourselves).....to limit us with all it's values, moralities, prejudices, rules, images..... It becomes almost impossible to find our own authentic self feeling/seeing/thinking in an authentic, clear, free, moment. And most importantly, it is this very moment where true joy, peace, creativity, wonder, power, magic, and holiness live.....the individual as locus of Grace..... And so we, Sabrina Siegel and Onomatopoeia undertake the Quest through the musical experience to be Free..... to find/feel/see/hear/create/experience the authentic truth of the moment. Our work, Music/ Experience/ Psychological Witnessing/Quest is for us and the listener/participant to observe and experience the process..... a play/performance, a surfacing of what is unknown.....working with it through the music. Setting out from nothing, in improvisation, accepting/trusting/valuing/loving the moment (with all it's strange sounds, feelings, thoughts and contents) navigating through the instruments, and musical patterns (..all patterns being on equal footing- i.e. hip-hop is just as "high" as classical or jazz or an "African" beat or whatever..... as they are all repetition of conditioned musics in the melting pot repertoire of the Postmodern human musical mind. Listening.....(and perhaps finding a "Free Music" or Free playing.....new.....!) We delve into the moment, into the depths of self/vision with the collective (the other

musicians/friends/angels/shamans/holy jesters/travelers/creators), the cohorts on the journey through sound/experience together.....intermingling of spirits/Spirit emerging through the cacophonous conditioned mind of personas, images, concepts, values..... to a clearing.....insight Voicein Freedom..... Embark..... for this is where we can begin, as human beings (and beyond)..... to watch the mind..... see..... how far the conditioning goes..... free one's self to feel/see/think/know..... for ones self... Paradoxically together but alone. This must be accomplished..... it is endless!..... and the beginning of a magical holy journey! Much LOVE PEACE FREEDOM to All.....

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