

Mp3 Harmonic Awakening - Orca's Trance



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Instrumental new age, relaxation, and music/sound as your guided meditation that takes you on a journey through the sounds of piano, didgeridu, crystal bowls and native "love" flute. 5 MP3 Songs NEW AGE: Relaxation, NEW AGE: Meditation Details: The Harmonic Awakening Project consists of two passionate individuals, Brian Jacobs and Eric S. "Prana" Miller, focusing their energies in aiding the world to reawaken through the healing vibrations of sound and music. Their intention is to not only assist those who are in search of an immediate relaxation response, but also those who wish to experience a deeply enlightening adventure in meditation with music and sound as their guide. "I went to your music event at Grey Gables. I wanted to tell you what a profound healing your music brings". --Joan Englander, Ojai, CA Brian and Prana started their work together in the geriatric communities of Southern California in January of 2007. At that time they created the "Sound Therapy Wellness Program" which offers one hour live music therapy sessions to the elderly. Just picture 40-50 people in a large room, most of them in wheel chairs, sitting very alert and attentive. As the soothing music of piano, and the trance inducing effects of didgeridoo, crystal bowls, and Love flute commences, the listeners immediately begin to experience therapeutic responses. As the session continues some listeners minds are stilled so profoundly by the sound that they fall into a deep sleep. Others simply close their eyes and bask in a deeply relaxed state. While still others, who's souls are in need of a deeper purging, allow themselves to experience the emotional releases of laughter and crying. "This amazing music connects me to my essence, and makes me feel like my life isn't over yet. It just opens up another door of experience for me to explore. Thank you so much." --Resident at Buena Vista Care Center, Santa Barbara, CA The healing power of music enters from the outside but must be felt and received on the inside. This is one of the most important aspects in the process of awakening to one's authentic self and realizing oneness with one's true inner essence. The

healing music of Harmonic Awakening invites all who have set the intention of awakening to a higher consciousness to explore the depths of their body, emotion, mind, and spirit through vibration. As we become more in tune with who we really are, we are aided by the law of attraction in manifesting the things that are most desired in life. By breaking down egoic walls and barriers the true self spreads its wings to fly so that we may experience the totally unbridled freedom of our natural state of being.

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