

# The Everything Canning And Preserving Book - Patricia Telesco

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More and more people are beginning to can and preserve, whether for health benefits or to save money. Complete with step-by-step instructions, recipes, and tips, this book is a must for beginning and experienced canners alike. With this book you will learn to: Preserve fresh foods by drying, freezing, canning, and pickling; Find and use the tools needed to can and preserve foods at home; Take safety precautions to prevent food contamination; Can all-natural broths, soups, and stews; Dry herbs and spices from the garden for year-round use; Make festive food gifts--from jams and jellies to dressings and sauces. In addition to a wealth of information and 100 great recipes, you will find a glossary of terms they can reference and an appendix of resources, including lists of products, books, and websites, to help you find everything you need to begin canning today! Author: Telesco, Patricia Publisher: Adams Media Illustration: N Language: ENG Title: The Everything Canning and Preserving Book Pages: 00288 (Encrypted PDF) On Sale: 2010-09-30 SKU-13/ISBN: 9781598699876 Category: Cooking : General

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